

Tablet User Guide

for Participants of the Smart Technology for Aging and Reducing Disability Project (STAReD)

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Physical Layout



Bottom

Charging Dock



To charge, place the **Left** side of the tablet on the charging dock. When done successfully, the tablet should not be able to move side-to-side. The tablet will also make a sound if the volume is turned on.

The red dot should be in the position displayed above while charging.

Tablet Home Screen

| 9:32 | ¢❤ ∎ 99% | Status Bar |
|----------------------|---|------------------|
| | 9:32 MON, MAY 9 | |
| ← M G Quick | Mobile bookmarksParticipant PortalTablet User GuideContact SheetAccess to Study Resources | Applications |
| | < • • | - Navigation Bar |

The Status Bar displays time, notifications, internet connection, and battery life.

Mobile Bookmarks provide an easy way to access web links related to the study, such as the "Participant Portal".

The Applications for Zoom and Chrome have been downloaded for you and will be explained further in this guide.

Navigation Bar

The Navigation bar located at the bottom of the tablet, has the buttons that operate the tablet.



| Navigation Bar | | | | |
|----------------|---|--|--|--|
| | Back Button | | | |
| | Previous screen or webpage | | | |
| | Home Button | | | |
| | Returns to home screen | | | |
| | Recent Applications Button | | | |
| | Shows your most frequently used application | | | |

Telehealth Visits with Zoom

Over the course of the research, you will participate in Telehealth meetings with Zoom. During these interviews, we will ask you about any doctor visits and other healthcare usage, including new medications or procedures.

How to connect with your Telehealth provider on Zoom

| Chrome | Step 1) Tap on the Zoom icon, located in the Applications area located on the |
|---|---|
| Applications | Home Screen of the tablet. |
| Start or join a meeting | Step 2) Click the blue "Join a Meeting" |
| | option, located on the Zoom screen that opens. |
| Join a Meeting | |
| 9:01 ■ * ♥ 🕯 81% | Step 3) Tab on the blue arrow icon, to |
| Join a Meeting | display a list of contacts. Or type in the |
| Meeting ID | Zoom ID number below: |
| Join with a personal link name | 796 692 2365 |
| Recent meetings | Step 4) Click on the Aging Tech name |
| If you recei Aging Tech UM 796 692 2365 | and Zoom number. |
| JOIN OPTI | The number you click should match the |
| Don't Connect To Audio | one pictured and mentioned above. |
| Lenovo Smart Tab <u>M8</u> | Step 5) Click "Join" and wait for the |
| By clicking "Join", you agree to our Terms of Service and Privacy Statement | Telehealth meeting to start! |
| Join | Ŭ |
| If you received an invitation link, tap on the link to join the meeting | |

Google Chrome Home Screen and Accessing Study Materials



Participant Portal

To access study materials, such as the Participant Portal, you can tap on any of the items under "Mobile Bookmarks" on the tablet home screen and it will open them in Google Chrome. The Participant Portal website link is:

Consumer Interface (missouri.edu)

Google Home Screen Break Down

Below is a breakdown of Google Chrome's Home screen.

| Home Button | The home button will return you to the Chrome homepage, as pictured above. This is useful in case there are any issues with the webpage you are viewing and need to start the process again. |
|-----------------|---|
| Open Tabs | This button will show you a list of webpages that were opened recently, but not fully closed. If you are on a webpage and tab on another link, it will open that page in the new tab. If you are looking for a website you were looking at recently, it may be here. |
| Search Bar | You can search the internet or visit websites by entering text here. For example, you can simply type "Recipes" and it will search for that via Google, or you can type in "allrecipes.com" and it will go to that website. |
| Frequent Places | This is a list of websites that are visited frequently. If you find yourself going to a particular website often, it should show up here for your convenience. |